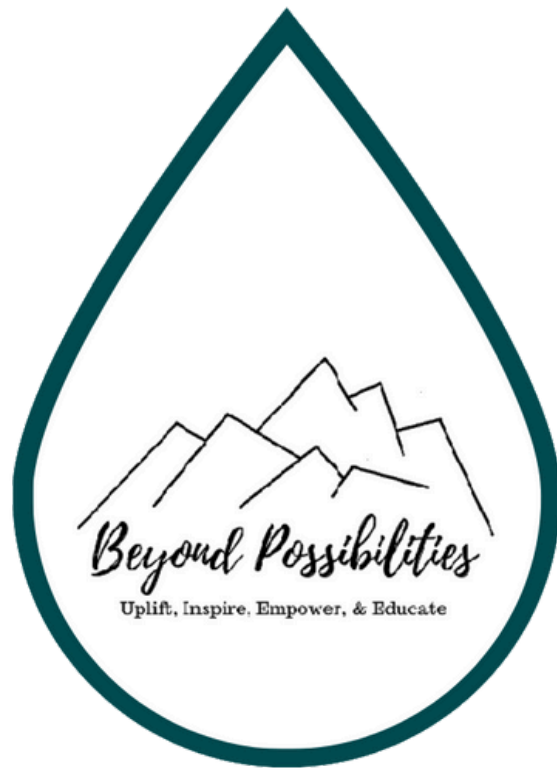


# GRATITUDE

*Journal*



INCLUDES 33  
JOURNAL PAGES

# GRATITUDE *Journal*



Spend time daily in gratitude and thanksgiving. You can choose in for a month, a year, or for your lifetime. Daily journal: 3 to 10 things you are grateful for. Be thoughtful and aware of things that you have been blessed with.

*This Book Belongs To*

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**“REFLECT UPON YOUR PRESENT BLESSINGS—OF WHICH  
EVERY MAN HAS MANY—NOT ON YOUR PAST  
MISFORTUNES, OF WHICH ALL MEN HAVE SOME.”  
— CHARLES DICKENS.**



A series of horizontal lines for writing, spanning the width of the page below the quote.





— RUMI.







— EDWIN ARLINGTON ROBINSON.



















— MELODY BEATTIE.





**“WHEN WE FOCUS ON OUR GRATITUDE, THE  
TIDE OF DISAPPOINTMENT GOES OUT AND THE  
TIDE OF LOVE RUSHES IN.”  
— KRISTIN ARMSTRONG.**





**"WHEN YOU ARISE IN THE MORNING GIVE THANKS  
FOR THE FOOD AND FOR THE JOY OF LIVING. IF YOU  
SEE NO REASON FOR GIVING THANKS, THE FAULT  
LIES ONLY IN YOURSELF."  
— TECUMSEH.**



**“FOR MY PART, I AM ALMOST CONTENTED JUST NOW, AND VERY THANKFUL. GRATITUDE IS A DIVINE EMOTION: IT FILLS THE HEART, BUT NOT TO BURSTING; IT WARMS IT, BUT NOT TO FEVER.”  
— CHARLOTTE BRONTË.**



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— CHARLOTTE BRONTË.**









**"GRATITUDE IS NOT ONLY THE GREATEST OF VIRTUES, BUT THE PARENT OF ALL OTHERS."  
— MARCUS TULLIUS CICERO.**







**"GIVING IS AN EXPRESSION OF  
GRATITUDE FOR OUR BLESSINGS."  
— LAURA ARRILLAGA-ANDREESSEN.**





**"GRATITUDE IS A POWERFUL CATALYST FOR  
HAPPINESS. IT'S THE SPARK THAT LIGHTS A FIRE  
OF JOY IN YOUR SOUL."  
— AMY COLLETTE.**





**“FOR MY PART, I AM ALMOST CONTENTED JUST NOW, AND VERY THANKFUL. GRATITUDE IS A DIVINE EMOTION: IT FILLS THE HEART, BUT NOT TO BURSTING; IT WARMS IT, BUT NOT TO FEVER.”  
— CHARLOTTE BRONTË.**





**"JOY IS THE SIMPLEST FORM OF GRATITUDE."  
— KARL BARTH.**

