dōTERRA® 90-Day Reset | DAILY TRACKER Month 1 Prepare Phase

Goal: Energize organ and cell performance.*

PB Rector's have caree	dōTERRA PB Restore™ Take 1 capsule with AM meal.	Days 1-10	Days 11-20	Days 21-30	
MISEOA GERCACYULE Report toors of the construction of the constru	TerraZyme™ (optional) Take 1-2 capsules with meals, especially when eating enzyme-deficient foods.	Days 1-10 AM	Days 11-20	Days 21-30	
COTERAC LANGE CONTENTS OF THE PROPERTY OF THE	VMG+ [™] Take 1 sachet in water daily.	Days 1-10	Days 11-20	Days 21-30	
GTIDA Eo Mega+ Control of Control	EO Mega®+ Take 1-2 softgels with AM and PM meals for a total of 3.	Days 1-10 AM	Days 11-20	Days 21-30	
STERRY Mada DAVIET College	MetaPWR® Mito2Max® Take 1-2 capsules with AM and PM meals.	Days 1-10 AM	Days 11-20	Days 21-30	
SOTERA Rovinzant Bendringt Gere We have just got We have got We have just got We have got We h	RevitaZen+™ Complex Take 1 capsule with AM meal. Add 1 with PM meal as needed.	Days 1-10 AM	Days 11-20	Days 21-30	
CLEANSE COLUMN (BENEFICATION OF THE PROPERTY O	RevitaZen™ Blend (optional) Add 3-5 drops per 8 or more ounces of water for a total of 10-15 drops per day.	Days 1-10 AM	Days 11-20	Days 21-30	
ONS		Days 1-10 AM	Days 11-20	Days 21-30	
TARGETED SOLUTIONS		Days 1-10 AM	Days 11-20	Days 21-30	
TARGE		Days 1-10 AM	Days 11-20	Days 21-30	