



Trusted Health Care

We live in a time when health-related options and opportunities are more readily accessible. With so many choices, the question often becomes, "Whom do I trust?"

The answer can be found in personal experiences. You can be confident in your approach as you discover simple, safe, and empowering solutions.

As you personally experience the powerful benefits of essential oils, you'll come to understand why doTERRA is revolutionizing the way families manage their health.

CPTG Certified Pure Tested Grade[™] Essential Oils

When you experience the refreshing, uplifting smell of pine trees, the calming scent of lavender, or the invigorating smell of lemons, you are experiencing essential oils—powerful, natural aromatics.

In nature, essential oils are found in roots, stems, leaves, resins, flowers, and rinds of the plant. Essential oils help the plant adapt to its ever-changing environment— protecting against threats and providing beneficial properties.

When the plant's aromatic compounds are distilled for purity, potency, and efficacy, they become a powerful tool for maintaining a family's health.



CPTG Certified Pure Tested Grade™ becomes a symbol of the unrivaled doTERRA® quality assurance process. The doTERRA Healing Hands Foundation,® 2010 a philanthropic effort to bring healing and hope to the world, is established. Key Facts Through Co-Impact Sourcing,® doTERRA provides the highest quality essential oils 2014 while economically empowering artisans and communities where essential oils are sourced. Over 5,000,000 Wellness Advocates are 2018 revolutionizing the way families manage their health through simple, safe, and empowering solutions.

As part of our vision to bring a new standard of tested-grade essential oils to the world, doTERRA is invested in moving the science of essential oils forward. This is accomplished in many different ways and is managed by a strong Research and Development team within doTERRA.

This department consists of PhD scientists and experienced professionals that gather scientific and clinical research, identify research needs, design and carry out studies, and prepare those studies for presentation to others. To carry out these ongoing studies, doTERRA has and continues to build relationships with research hospitals, universities, and other research organizations.

The end goal is to better understand how essential oils work—how the components in an essential oil interact, how essential oils interact with cells, how they affect people, and how they can improve our home and other environments.

These studies are typically presented at our annual Convention, then made available through other avenues. They help inform, enrich, and benefit doTERRA Wellness Advocates and their customers on the best uses of essential oils for the greatest good.

Who is doTERRA?

From the beginning, the mission of doTERRA has been to share the highestquality essential oils with the world. Having seen firsthand the incredible benefits of these precious resources, a group of healthcare and business professionals set out to make that mission a reality in 2008. They formed a company and named it doTERRA—a Latin derivative that means "gift of the earth."

The doTERRA Founding Executives needed to establish a quality standard in an industry that previously didn't have one. They were committed to providing only the purest, highest-grade essential oils. This commitment led to the creation of CPTG Certified Pure Tested Grade®, a quality standard that ensures every dōTERRA essential oil is completely pure.

doTERRA Today

dōTERRA sources, tests, manufactures, and distributes pure essential oils and natural wellness products to over 9,000,000 Wellness Advocates and customers. Products are shipped to 86 countries and counting

Through responsible, industry-leading sourcing practices— Cō-Impact Sourcing®—dōTERRA maintains the highest levels of quality, purity, and sustainability in partnerships with local growers around the globe.

The doTERRA Healing Hands Foundation®, a registered 501(c)(3) nonprofit organization, offers resources and services to sourcing communities and charitable organizations, empowering people to be healthy, safe, and self-reliant.



The doTERRA Difference

doTERRA's purpose and mission is to source the best and help the most. We offer the best essential oils in the world, while also positively impacting those behind the bottle—blessing lives on both sides of the bottle. This approach is innovative and difficult to find elsewhere. Together with Wellness Advocates around the world, we are revolutionizing the essential oil industry.

You and your family members can experience this difference in purity.

The foundation of doTERRA's past can really be broken down into three main areas that are at the core of who we are as a company. We certainly can't be all things to all people. We'll never have as many product offerings or be as efficient in shipping as Amazon or have the technology that is as cutting edge as Apple or Samsung, but, as we focus on three core fundamentals, or foundational areas, we will continue to change the world for the better.

Those three areas of our foundation are: People, Processes, and Products. And in each of these areas our unique secret sauce is that we truly do "Pursue what is Pure."



co-impact

Our mission is to source the best and help the most.

Producing the highest-quality essential oils in the world begins with sourcing the highestquality raw materials on Earth. Pursuing what's pure requires a bit more.

It means harvesting these resources with responsibility and respect toward both the natural land and the people who build their lives upon it.

With human impact and sustainability as our focus, doTERRA gives back as much as it withdraws from the earth, with interest.

We call it **Cō-Impact Sourcing**®.





The Dual Purpose of Cō-Impact Sourcing®:



To preserve the natural environments used to source our products.



To give back to the communities that provide our raw resources—blessing lives on both sides of the bottle.



Find out more about Cō-Impact Sourcing® and discover the stories behind your dōTERRA bottle.

Measuring the Impact

With more than half of doTERRA essential oils sourced in developing countries, we saw a unique opportunity to build ethical supply chains that directly benefit underserved rural communities. Through Co-Impact Sourcing, we create the maximum impact by being at the source, practicing intentional environmental stewardship, and creating a lasting social impact.

At the Source

Stewardship

Social Impact















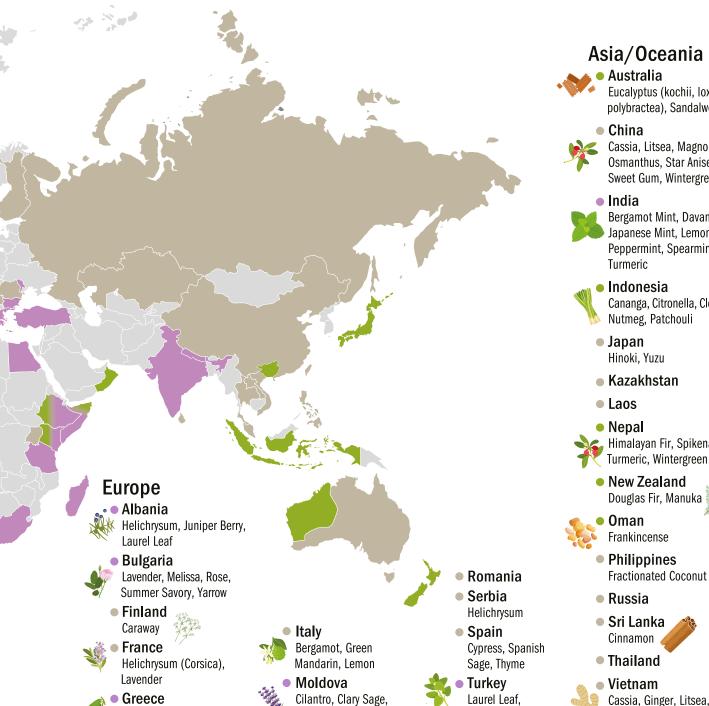












Coriander, Fennel

Oregano

Eucalyptus (kochii, lox liss, and polybractea), Sandalwood, Tea Tree

> Cassia, Litsea, Magnolia, Osmanthus, Star Anise, Sweet Gum, Wintergreen

Bergamot Mint, Davana, Japanese Mint, Lemongrass, Peppermint, Spearmint, Tulsi,

Cananga, Citronella, Clove Bud,

Himalayan Fir, Spikenard, Turmeric, Wintergreen

Cassia, Ginger, Litsea, Star Anise

Orange, White Grapefruit



Mission

Projects for Change





Member Involvement: The Match Program



Collective Impact: Cō-Impact Sourcing®

doTERRA Healing Hands and Cō-impact Sourcing®

Community development projects include: building



Learn more about the doTERRA Healing Hands® mission and see how you can help.

Take the Healing into **Your Own Hands**

Our main goal is to help people help themselves. This holds true for helping youour members—grow into humanitarians by empowering you to support projects you care about.

We can't wait to see how you'll #EngageInGood



Fundraise for a nonprofit project of your choice and have doTERRA Healing Hands Foundation Canada® match your fundraising efforts.

Products and Donations

There are easy ways you can support the doTERRA Healing Hands Foundation mission and make a lasting impact with every dōTERRA order.



100% of doTERRA SPA Rose Hand Lotion sales and 50% of doTERRA Hope Touch sales are donated to the doTERRA Healing Hands Foundation to support projects, programs, and initiatives close to home.



From the beginning, dōTERRA set out to make the highest quality essential oils in the world. We also knew that to achieve the standard we envisioned we would first have to create it."

"The essential oil market is flooded with products that are unsafe and adulterated. But at doTERRA, we are raising the standard of purity beyond what any other essential oil company is doing."

Dr. Osguthorpe, Chief Medical Officer

We guarantee the incredible quality of every bottle of doTERRA essential oil in three ways:

Sustainability and Sourcing

Essential oils are gifts from the earth, which we harvest with gratitude and respect. We do our best to protect the environment and positively impact the people involved in producing essential oils through our Co-Impact Sourcing model.

Transparency and Trust

When no industry standard existed, doTERRA created a new, uncompromising standard for essential oil quality:

CPTG Certified Pure Tested Grade®

Quality Testing

Every doTERRA essential oil goes through rigorous CPTG® testing to ensure that each and every batch reaches the highest possible level of purity.



Read the full "Why doTERRA?" story to see what makes us more than just an essential oil company.

What are

Essential Oils?

Essential oils can be a useful tool for those looking to

protect themselves, we too can use the powerful, natural

Unseen by the naked eye, essential oils hide within the

Using Essential Oils for Daily Wellness

because they provide a natural alternative for many



How to Use Essential Oils

Using essential oils is both simple and empowering. With a basic understanding of safety and proper application methods, it is easy to start using them regularly to positively impact your daily life. There are three main ways to take advantage of the benefits of essential oils:



The sense of smell is a powerful tool and is an ideal way to enjoy the unique profiles of different oils. The most common way people experience essential oils is through their aromas.

- Diffuse in an essential oil diffuser
- Apply a drop to your hands and inhale

Internally

Many essential oils can be safely ingested when added to food and drinks as flavour. Check labels to make sure an essential oil is safe for internal use first, and then try one of these methods:

- ♦ Add to a glass of water, tea, or smoothies
- Use to flavour cooking recipes

Topically

Topical application refers to using an essential oil on a surface or allowing it to absorb into the skin. Some essential oils have surface-cleansing properties while others can be comforting to the skin.

- Use on household surfaces
- Apply to targeted areas and rubbing in

Combining essential oils with a carrier oil can slow the evaporation of essential oils, aid in absorption, and moisturize the skin.



Essential Oil Safety Tips

doTERRA essential oils are safe and effective when used appropriately and in the proper doses. As with anything else you would use in your home or around your family, it's important to be mindful of basic safety guidelines when you are getting started.

Here are some of the best practices for safe essential oil usage:

avoid contact with sensitive areas such the nose, inner ears eyes, and broken skin.

To test an oil on your skin or to minimize skin sensitivity, dilute essential oils using a carrier oil like Fractionated Coconut Oil.

Cinnamon Bark, Clove Bud, etc.)

at a ratio of 1:10 drops essential oil
to carrier oil before applying
to skin.

sun sensitivity. Avoid direct
sunlight or UV rays for at leas
12 hours after applying such
oils to skin.

Always read the labels. When in doubt, always pay attention to specific warnings and instructions on your essential oil packaging and follow any recommendations provided by the manufacturer. If you have specific health concerns, consult with your doctor before using essential oils.



Your 10 doTERRA® **Essentials**

Discover the products that truly put "essential" in essential oils. These 10 top oils provide a powerful and balanced foundation for any essential oil lifestyle. Begin your doTERRA journey with the right tools to make sure you are prepared and supported, no matter the need or season.



ATIS Used in aromatherapy, Peppermint can help soothe the stomach, alleviate muscle pain, and relieve coughs and colds.

NPN 80061370



A versatile home essential, Lemon cleans household surfaces, flavours to water, and freshens the air with its stimulating aroma.



ATIN

Used in aromatherapy, Lavender calms nerves, soothes skin, and relaxes your environment.

NPN 80061038



A powerhouse of topical applications, Tea Tree cleanses surfaces, freshens the air, and soothes the skin.



Deserving of its title as the "King" of oils, Frankincense beautifies skin, cleanses surfaces, and offers a deeply peaceful aroma.



Our signature grounding fragrance, Balance promotes an environment of calm and harmony with its peaceful aroma.





Deep Blue creates a comforting and cooling sensation to the skin while providing a truly invigorating aroma





Specially formulated to cool and invigorate, the minty, fresh, airy aroma of Air-X is your ideal companion for all seasons.





Combining the best of comforting and sweet, DigestZen blend is up to the task whenever you need a soothing taste or a calming aroma.



ATUS At the head of

At the head of our most popular product line, On Guard cleanses surfaces, tastes energizing, and fills your home with a fortifying scent.

Application Methods

A Aromatic

Topical

Internal

Home Care

Skin Sensitivity





D Dilute



Browse our entire catalog of life-enhancing products and discover doTERRA solutions to your everyday needs.

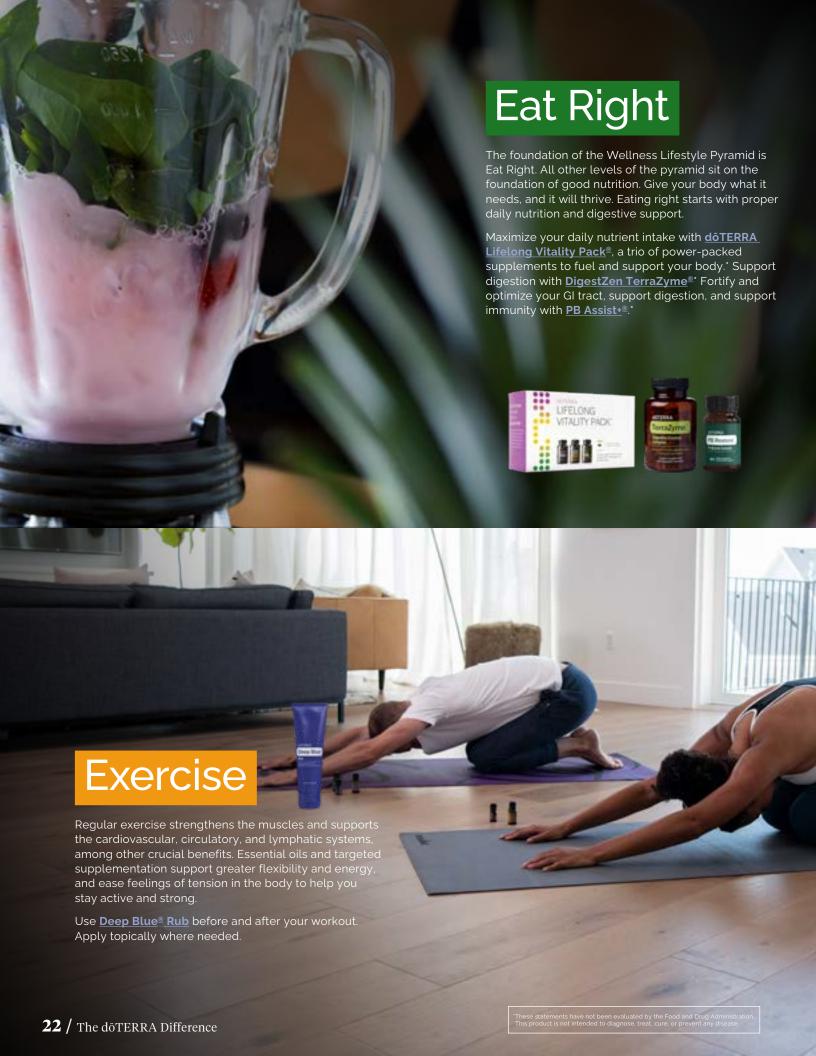
Live a Wellness Lifestyle

The dōTERRA Wellness Lifestyle Pyramid illustrates the partnership between lifestyle and healthcare. When lifestyle is the focus, health is naturally achieved and maintained. As you use these powerful products and live healthy daily habits, you'll experience new levels of wholeness.

Envision a life where finding solutions is simple. With an essential oil reference guide and a box of doTERRA CPTG® essential oils at your fingertips, you'll be prepared to address 80% of your health priorities. For those times when you need additional care, partner with practitioners who support you in finding the best proven natural solutions.



See individual labels for ingredients, cautions, and instruction for use.





Sleep improves mood and gives your body the opportunity to repair and renew. Approximately 80% of health problems are estimated to be the result of persistent stress. Essential oils provide dynamic support for getting consistent quality sleep and managing occasional stress.

Use calming aromas like **Lavender** and **dōTERRA** Balance® as you work to relax while keeping yourself



Reduce **Toxic Load**

Nature experiences cycles of releasing and renewing. Our bodies also benefit from seasons of cleansing and focused detox for renewal. Support the body's natural pathways of detoxification by using doTERRA natural cleaning and self-care products. This can be further supported with targeted use of doTERRA essential oils.*

Add a drop of **Lemon** or **Tangerine** oil to your water to naturally cleanse the body.*



Becoming more informed about preventive health measures is an important component in a lifestyle that supports overall health and well-being. Essential oils offer extensive body system-supporting benefits that can be realized through daily, regimented use.*

Use doTERRA On Guard® to support immune health and Frankincense to promote cellular health.*

doTERRA On Guard

Proactive **Medical Care**

With the remarkable advances of modern medicine, it is our own lifestyle behaviors, not transmittable diseases, that are the greatest risk factor for chronic disease. Moreover, these habits can have the greatest influence on our overall health and well-being. That being said, a relationship with a trusted medical professional is one of the foundational pillars of lifelong health. This is what the doTERRA healthcare initiative is all about: developing a relationship with medical professionals so you can be proactive, instead of reactive, about necessary medical care.

Non-Toxic Living

We're exposed to countless toxins every day. Breathing, eating, cleaning—all these (and more) Did you know, according to the National Resources Defense Council website, products in the United States contain more than 80,000 chemicals, and most of them significant amount of the products we use in daily life are exposing us to potentially harmful toxins.

You might wonder, "What's the big deal? Are toxins really that bad?" Your body has an impressive filtration system for toxins, but constant exposure to harmful toxins can have long-term effects. Toxins can cause imbalances, have negative effects on wellness, and influence daily and longterm health. Also, the more toxins you're exposed to, the greater the toll on your body.

your toxic load. Your body has a threshold for the toxic load it can handle, and when that threshold is passed. you remove a toxin from your life, the toxic load burden on your body becomes lighter.

While you can't always control the toxins you're lot you can do to protect yourself and your family from exposure to toxins. With a lighter toxic load, the body is better able to function properly, leaving you and those you love feeling both happy and healthy.



Wondering where to start?

Three easy steps can help you lighten your toxic load when it comes to the products you use on or in your body.

- 1. Identify toxins.
- 2. Ditch and switch.
- 3. Feel your best with the power of nature.





Getting Started



Step 1: Talk to a Wellness Advocate near you [https://www.doterra.com/US/en/form/findwellness-advocatel or go to doterra.com to place your first order.

Through the Loyalty Rewards Program, you can earn up to 30% back on purchases! The longer you participate in the Program, the more points you can earn.



Step 2: Join the Loyalty Rewards Program!

The Loyalty Rewards Program is the best way to save on doTERRA products. You get points back on your orders, which you can redeem on future orders. The longer you participate, the more points you'll receive—up to 30% back!



Learn more about the **Loyalty Rewards Program?**



Here's how it works:



LOVE

dōTERRA has made it easier than ever to share the products you love with family and friends and earn rewards for doing so.



SHARE

When you share your personal link with friends, they enjoy their first year of membership for free (valued at \$35) when they use your link to create their first order.



EARN

You receive 20% of their first order in dōTERRA dollars, which you can spend at doterra.com.

Scan this QR code to learn more!



Why Direct Sales?

Our direct selling model is also a powerful way for motivated people who love sharing essential oils to be compensated! Word of mouth means a lot more to people than ads. In fact, over 3,000,000 Wellness Advocates now use and sell doTERRA products worldwide!

There's even more that makes dōTERRA unique among direct selling companies: over 80% of people who purchase dōTERRA products are simply customers who love the products. Our CPTG Certified Pure Tested Grade® essential oils and products stand out, providing peace of mind to those looking for natural solutions to daily troubles.

Additionally, our direct selling model is a powerful way for motivated people who love our essential oils to be compensated for sharing our product! Word of mouth—like a great recommendation from a trusted friend—means a lot more than any ad, so we reward you for sharing doTERRA essential oils. With a unique compensation model (where you truly earn the most on the most and the least on the least), we offer you the opportunity to earn an income with us.

But there is more that makes dōTERRA unique among direct selling companies. More than 80% of people who buy dōTERRA products who simply loyal customers who love our products. The reason we have so many customers is because we have the most tested, most trusted products—truly pure, unadulterated essential oils—that people can rely on.



Why Partner with doTERRA?

dōTERRA was founded in 2008 with the mission of bringing the highest quality essential oils to the world.

EFFECTIVE MOST TESTED, MOST TRUSTED Over 5 million customers The dōTERRA Quality and Purity Standard

THE doTERRA DIFFERENCE



Record-Breaking Retention!

Typical Direct Selling

- · Leads with business opportunity.
- Product sales depend on opportunity.
- · Sells an opportunity.

dōTERRA Authentic Direct Selling

- · Leads with powerful products.
- Sells products regardless of opportunity.
- · Shares a wellness lifestyle.

PROVEN

dōTERRA'S GROWTH Annual Revenue (in billions) 3

A Billion-Dollar Company in Seven Years!

- Named largest essential oil company in the world by Verify Markets.
- Part of \$4.2 trillion wellness market.
- · Sales in 159 countries.
- Unique and unrivaled quality products (99% of doTERRA oils are exclusive).
- · Led by an executive team of innovators with 150+ years of combined industry experience.

CARING

CHANGE THE WORLD

- Creates economic opportunity and financial stability in developing nations.
- · Gives back to disadvantaged communities through the doTERRA Healing Hands Foundation®.
- Pays growers fairly and preserves agricultural knowledge through Cō-Impact Sourcing®. Learn more at sourcetoyou.com.



A doTERRA PIPELINE TOUCHES MANY LIVES

As you grow your doTERRA business, lives are uplifted. Sourced from over 40 different countries where plants thrive most, each purchased oil improves the lives of growers and their communities around the world.

We invite you to join us—now is your time.



SOLUTIONS



Essential Oil Solutions with doTERRA is an award-winning podcast that teaches you how to incorporate essential oils into your daily life.

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Love Learning?

Check out our free health and wellness courses at https://training.doterra.com/

Are you actively building a dōTERRA business?

We've some helpful resources just for you!





Business Building Guide





Empowered
Success Podcast





dōTERRA Business page

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